

# Choice 50<sup>®</sup>

Grapeseed Antioxidant

4Life<sup>®</sup>

TOGETHER, BUILDING PEOPLE<sup>®</sup>

## Unleash the Power of Antioxidants

Antioxidants are natural compounds that promote the overall health of the body, including the immune system, cardiovascular system, circulatory system and healthy vitamin and mineral levels. Antioxidants also act as cell protectors, supporting healthy cells and tissues. They work by binding to free radicals, a negative by-product of oxygenation, and donating an electron to transform the free radical into a non-threatening compound. Choice 50 is 4Life's powerful antioxidant blend that features standardized grapeseed extract, Vitamins C & E and other known antioxidants and nutrients.

## Key Points

- **Powerful Grapeseed Extract:** Known as an Oligomeric Proanthocyanidins (OPC), grapeseed is a phytochemical famous for its powerful antioxidant capabilities. Studies suggest that OPCs may be as much as fifty times more potent than vitamin E and twenty times more potent than vitamin C in terms of antioxidant activity. OPCs promote healthy brain, liver, spinal nerves and connective tissue function.
- **Cardiovascular Support:** OPCs promote a healthy cardiovascular system by supporting normal blood flow.\*
- **Circulatory Support:** OPCs support blood vessel walls by promoting proper nutrient and oxygen delivery to cells, tissues and organs. This nourishment supports the circulatory system, capillary walls, veins and promotes overall healthy circulatory function.\*
- **Skin Health:** OPCs provide important support for healthy cell membranes of the skin.

## Did you know?

Studies indicate that the antioxidant bilberry may promote healthy eye function.\*

OPCs cannot be produced by the human body; they must be obtained through the food you eat or through supplementation.

## Technical Points

- Choice 50 contains 50 mg grapeseed extract with a guaranteed 95% OPC content.
- Trans-Resveratrol is a powerful antioxidant containing strong anti-inflammatory properties.

### Ordering Information

Item # 28061 - 60 ct/bottle  
Item # 28067 - 12 for the price of 11



Choice 50

**DIRECTIONS:** Take one (1) or two (2) capsules twice daily with 8 oz of fluid.

## Supplement Facts

**Serving Size:** One (1) Capsule  
**Servings Per Container:** 60

Amount Per Serving		%DV*
Vitamin C (as ascorbic acid)	75 mg	130%
Vitamin E (as d-alpha-tocopheryl acetate)	30 IU	100%
<b>Proprietary Blend</b>	<b>410 mg</b>	<b>†</b>
Citrus Bioflavonoid (Citrus spp) fruit complex		
Fo-Ti (Polygonum multiflorum) root		
Grape (Vitis vinifera) seed extract		
Turmeric (Curcuma longa) root		
Rutin		
Milk Thistle (Silybum marianum) seed extract		
Quercetin		
Bilberry (Vaccinium myrtillus) fruit extract		
Resveratrol (from Polygonum cuspidatum root)		

\* Daily Value

† Daily Value not established

**Other Ingredients:** Gelatin capsule and vegetable oil.